



CAYAC: CHILD AND YOUTH ADVISORY COUNCIL FROM ALBERTA CHILDREN'S HOSPITAL

Marisa Vigna & Christian Farrier, CAYAC Members, Alberta Children's Hospital

Marie McNaughton, CAYAC Coordinator, Alberta Children's Hospital

Andrea Kennedy & Lisa Semple, Associate Professors, School of Nursing, Mount Royal University

CAYAC & MRU NURSING

Overview:

- Explore the role of CAYAC including advisory with the community
- Describe connections with MRU nursing program
- Share our story of collaboration with MRU nursing research project on an educational family board game “Don’t Push Your Luck!”
- Thoughts about our collaboration & promoting youth voice in healthcare

WHO IS “CAYAC”?

Child and Youth Advisory Council (CAYAC)

- Established in 2003
- Supported by the Family & Community Resource Centre at Alberta Children’s Hospital (ACH)
- ~30 members
- rural areas across Southern Alberta served by ACH
- Diverse cultural, health, and life experiences

We represent the voice of youth in healthcare within the catchment area served by the Alberta Children’s Hospital.

Here is a 5 minute video about us:

<http://fcrc.albertahealthservices.ca/youth/cayac/video/>

HOW DOES CAYAC FUNCTION?

- CAYAC offers consultations to shape the quality of health services for children and youth.
- We share our youth perspective to support many areas, including:
 - facility design
 - program and service development and evaluation
 - health promotion campaigns
 - website and social media development
 - youth engagement

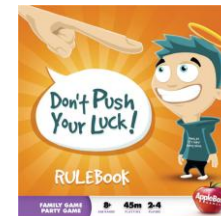
HOW DOES CAYAC FUNCTION?

- CAYAC members provide honest feedback and new ideas.
- We ask consultants to attend one of our meetings held on Saturdays at the Alberta Children's Hospital
- Our adult CAYAC coordinators arrange and help plan consultations
 - Thanks Marie and Stacy 😊
- CAYAC members participate in committees and present our experiences at conferences.
 - we are presenting a poster about our collaboration with MRU at the upcoming Canadian Association of Pediatric Health Centers (CAPHC) national conference in October

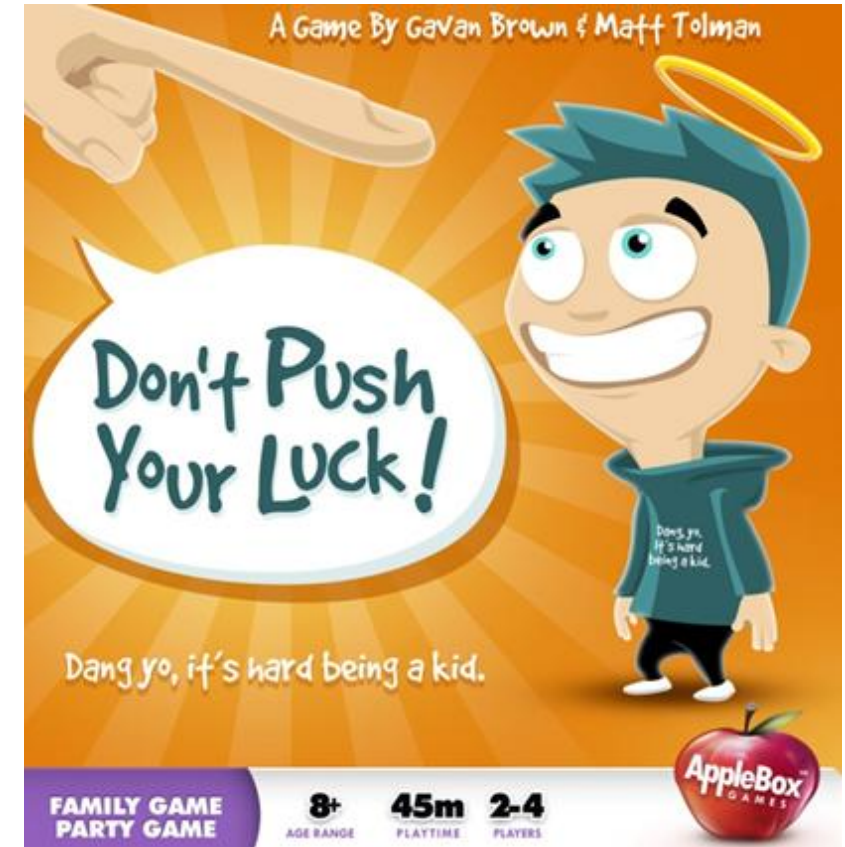
CAYAC & MRU NURSING

- Andrea Kennedy & Lisa Semple were nurses at ACH for many (many!) years
- Collaboration began in 2005 when Andrea started working at MRU
 - previous experience with CAYAC for other ACH projects
- **CAYAC advisory role** was sought out for a variety of priorities in child health nursing education, scholarship and service including:
 - Research on children's role as partners in family-centered care (FCC)
 - Curriculum design for new degree or "Build A Nurse" (like build a bear)
 - Leading to national presentation "Tell Your Nurses We Don't Live in the Hospital"
- Most recent, and extensive collaboration was for a board game project based on findings from the research on children's roles in FCC

"DON'T PUSH YOUR LUCK!"



MRU NURSING & CAYAC BOARD GAME CONSULTATION



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Credits

Based on research by: Andrea Prichard Kennedy

Game Design: Gavan Brown & Matt Tolman

Graphic Design & Illustration: Gavan Brown

Playtesters: Matt Tolman, Gavan Brown, Andrea Prichard Kennedy, Lisa Semple, Orin Bishop, Paul Saxberg, Joseph McDaid, the many cool Members of CAYAC (Child and Youth Advisory Council).

This game could not have been made possible without the generous and wise folks at Bayer and Mount Royal University.



HONOURING THE VOICE OF YOUTH IN HEALTHCARE

...Thoughts from Marisa & Christian and Marie

...Thoughts from Andrea & Lisa



THANK YOU!

If you would like to learn more about CAYAC, or contact us for consultation,
please check out our website:

<http://fcrc.albertahealthservices.ca/youth/cayac/>

Email: CAYAC@albertahealthservices.ca

Telephone: 403-955-2456 (Marie McNaughton)

MRU Nursing Faculty Andrea & Lisa are happy to connect too:

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