

Presentation Handout

The Patient Voice: Implications for Healthcare, Education and Practice Conference

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Presentation Title: The Patient Voice and the Social Determinants of Health

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Recommended Readings

- Bryant, T. (2009). An introduction to health policy. Toronto: Canadian Scholars' Press.
- Browne, A.J. and Tarlier, T. (2008). Examining the potential of nurse practitioners from a critical social justice perspective. *Nursing Inquiry* 15(2): 83–93.
- Canadian Nurses Association. (2005). Social determinants of health and nursing: A summary of the issues. C.N.A Backgrounder. Ottawa: CNA
- Canadian Nurses Association. (2009). Determinants of health. C.N.A. Position Statement. Ottawa: CNA.
- Community Health Nurses of Canada. (2009). Public health nursing discipline specific competencies Version 1.0.
- Commission on Social Determinants of Health. (2008). *Closing the gap in a generation: Health equity through action on the social determinants of health*. Geneva: World Health Organization.
- Falk-Rafael, A. (2005). Speaking truth to power: Nursing's legacy and moral imperative. *Advances in Nursing Science* 28(3): 212–23.

- Mendell, A., Dyck, L., Ndumbe-Eyoh, S., Morrison, V. (2012). [Tools and approaches for assessing and supporting public health action on the social determinants of health and health equity](#). Antigonish, NS; Montreal, QC: National Collaborating Centres for Determinants of Health and for Healthy Public Policy
- Moloughney, B. (2011). In Brent Moloughney. (Ed.). *Integrating social determinants of health and health equity into Canadian public health practice environmental scan 2010* / Antigonish, N.S: National Collaborating Centre for Determinants of Health, 2011.
- Muntaner, C. (2012). In Ng E., Chung H., Canadian Health Services Research Foundation, Canadian Nurses Association, and Canadian Electronic Library (Firm). (Eds.), *Better health: An analysis of public policy and programming focusing on the determinants of health and health outcomes that are effective in achieving the healthiest populations*. [Ottawa, Ont.]: Canadian Nurses' Association.
- National Collaborating Centre for Determinants of Health. (2013). Leadership for Health Equity: Alberta Health Services - Establishing a Province-Wide Social Determinants of Health and Health Equity Approach, Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University.
- Reutter, L., & Kushner, K. E. (2010). 'Health equity through action on the social determinants of health': Taking up the challenge in nursing. *Nursing Inquiry*, 17(3), 269-280. doi:10.1111/j.1440-1800.2010.00500.x
- Reutter, L., Sword, W., Meagher-Stewart, D. and E Rideout, E. (2004). Nursing students' beliefs about the relationship between poverty and health. *Journal of Advanced Nursing* 48: 299–309.
- Sutcliffe, P., & Snelling, S. L., Sandra. (2013). In Penny Sutcliffe, Susan Snelling, Sandra Laclé. (Ed.), *Intervention project final report implementing local public health practices to reduce social inequities in health* / Sudbury, Ont.: Sudbury & District Health Unit, 2010
- World Health Organization (WHO). 2008. Closing the gap in a generation: Health equity through action on the social determinants of health. Commission on Social Determinants of Health. Final Report. Executive Summary.

Relevant Best Practice Guidelines

- Adapting your practice: general recommendations for the care of homeless patients. <http://www.guideline.gov/content.aspx?id=16325>
- Client-Centred Care <http://rnao.ca/bpg/guidelines/client-centred-care>
- Crisis Intervention <http://rnao.ca/bpg/guidelines/crisis-intervention>

- Disparity and Access to Care. In: Suspected cancer in primary care: guidelines for investigation, referral and reducing ethnic disparities
<http://www.guideline.gov/content.aspx?id=15443>
- Establishing Therapeutic Relationships
<http://rnao.ca/bpg/guidelines/establishing-therapeutic-relationships>
- Improving the nutrition of pregnant and breastfeeding mothers and children in low-income households
<http://www.guideline.gov/content.aspx?id=12479>
- Pregnancy and complex social factors: a model for service provision for pregnant women with complex social factors.
<http://www.guideline.gov/content.aspx?id=25676>
- Supporting Clients with Substance Use and Related Issues
<http://rnao.ca/bpg/guidelines/supporting-clients-substance-use-and-related-issues>
- Supporting and Strengthening Families Through Expected and Unexpected Life Events
<http://rnao.ca/bpg/guidelines/supporting-and-strengthening-families-through-expected-and-unexpected-life-events>
- Supporting Clients on Methadone Maintenance Treatment
<http://rnao.ca/bpg/guidelines/supporting-clients-methadone-maintenance-treatment>
- Woman Abuse: Screening, Identification, and Initial Response
<http://rnao.ca/bpg/guidelines/woman-abuse-screening-identification-and-initial-response>

Documentaries and Videos

- **Poor No More**
Documentary by Mary Walsh looking at the working poor in Canada and other countries' policies
<https://www.youtube.com/watch?v=RO1ypJ2erpw>
- **Four Feet Up**
NFB documentary on child poverty in Canada from a child's perspective.
<http://tvo.org/program/138642/four-feet-up>
- **Unnatural Causes**
PBS four-hour documentary series talking about the social circumstances in which people are born, live and work and their influences on health.
http://www.unnaturalcauses.org/video_clips_detail.php?res_id=80

- **Let's Start a Conversation About Health...and Not Talk About Health Care at All**
A five-minute video that describe how social and economic conditions impact health. Initially developed by the Sudbury & District Health Unit it has since been adapted by many organizations.
<http://nccdh.ca/resources/entry/lets-start-a-conversation-about-health-and-not-talk-about-health-care-at-al>

Case Scenarios to Support Understanding of the SDOH

- **A Tale of Two Smokers**
The story of two people who try to live healthier lives but face difficulties due to factors outside their control.
http://www.unnaturalcauses.org/interactivities_02.php
- **The Jason Story**
A simple story that addresses the complex set of conditions that determine the health of every Canadian. (Public Health Agency of Canada)
<http://www.phac-aspc.gc.ca/ph-sp/determinants/determinants-eng.php#secondreport>
- **Teresa's Story** in the *RNAO brochure on Social Determinants of Health*
A story of a woman who experience trauma in her past and is currently struggling to cope with it. Possible interventions that nurses or health-care provider could consider in order to improve Teresa's health are discussed.
http://rnao.ca/sites/rnao-ca/files/rnao_sdh_brochure_2013.pdf
http://rnao.ca/sites/rnao-ca/files/Interventions_for_Teresa_SDOH1.pdf
- **The Perfect Neighborhood**
A visual depiction of factors contributing to the creation of a safe neighborhood.
http://www.unnaturalcauses.org/interactivities_03.php

Games to Support Understanding of the SDOH

- **Snakes and Ladders**
The game uses the concept of 'the game of snakes and ladders' to show how the game boards of some individuals are packed with more opportunities (i.e., ladders) and some have few ladders but many snakes (i.e., traps/barriers to health).
<https://www.youtube.com/watch?v=5cPy60ZqA5Q>
- **The Last Straw**
This educational tool was developed by Kate Rossiter and Kate Reeve to build awareness about the factors that determine health and it has been used with students in medicine and public health; government policy analysts and community workers.
www.TheLastStraw.ca

Policy Analysis Tools

- **Health Impact Assessment**
According to the WHO, health impact assessment (HIA) is “a combination of procedures, methods and tools by which a policy, program or project may be judged as to its potential effects on the health of the population, and the distribution of those effects within populations.”
http://www.ncchpp.ca/54/Health_Impact_Assessment.ccnpps
- **Health Equity Impact Assessment**
A health equity impact assessment (HEIA) evaluates the impacts of a program or policy on less privileged groups in order to evaluate unequal access to health services, public health programs and quality of care. The systematic use of such assessment tools is recommended in order to ensure that health inequalities are addressed in decision-making across all sectors.
- **Nutritious Food Basket**
The Nutritious Food Basket (NFB) is a survey tool designed to measure the cost of basic healthy eating. Food costing is used to assess both affordability and accessibility of foods by relating costs to individual/family incomes.
http://www.health.gov.on.ca/english/providers/program/pubhealth/oph_standards/ophs/protogstds/protocols/nutritious_food_basket.pdf
- **Deprivation Indices**
Deprivation measures recognize people who experience financial and/or social disadvantage when compared with others in their environment.
http://www.cihi.ca/CIHI-ext-portal/internet/en/document/factors+influencing+health/environmental/cphi_cma_depindex

Communities of Practice

- **NurseConnect Framework**
A guide for forming communities of practice and forums on the NurseONE.ca portal, hosted by the Canadian Nurses Association. This document will help users plan and implement professional groups within the context of NurseONE.ca.
<http://nurseone.ca/~media/nurseone/page-content/pdf-en/nurseconnectframework.pdf>

Social Determinants of Health Electronic List Serves

- The Social Determinants of Health List-serve coordinated via York University, Ontario is meant to be an international forum for people interested in theory, research, and practice regarding the social determinants of health. To subscribe email listserv@yorku.ca.