

The Utility of Homeopathy in the Perinatal Period  
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# MULTIDISCIPLINARY APPROACH

# Overview

- Concepts of homeopathy
- Utility of Medicines in Pregnancy, Labor and Postpartum
- Teaching models Nursing vs. Homeopathy

*“It is much more important to know what sort of patient has the disease than to know what sort of disease the patient has.”*

*William Osler*

# 3 Concepts

- ⦿ Individualization
- ⦿ Law of Similars
- ⦿ Holism

# Law of Similars

- Dr. Hahnemann discovered the law of similar (Like Cures Like) when he said,

*“Substances which arouse a kind of fever extinguish the types of intermittent fevers”*

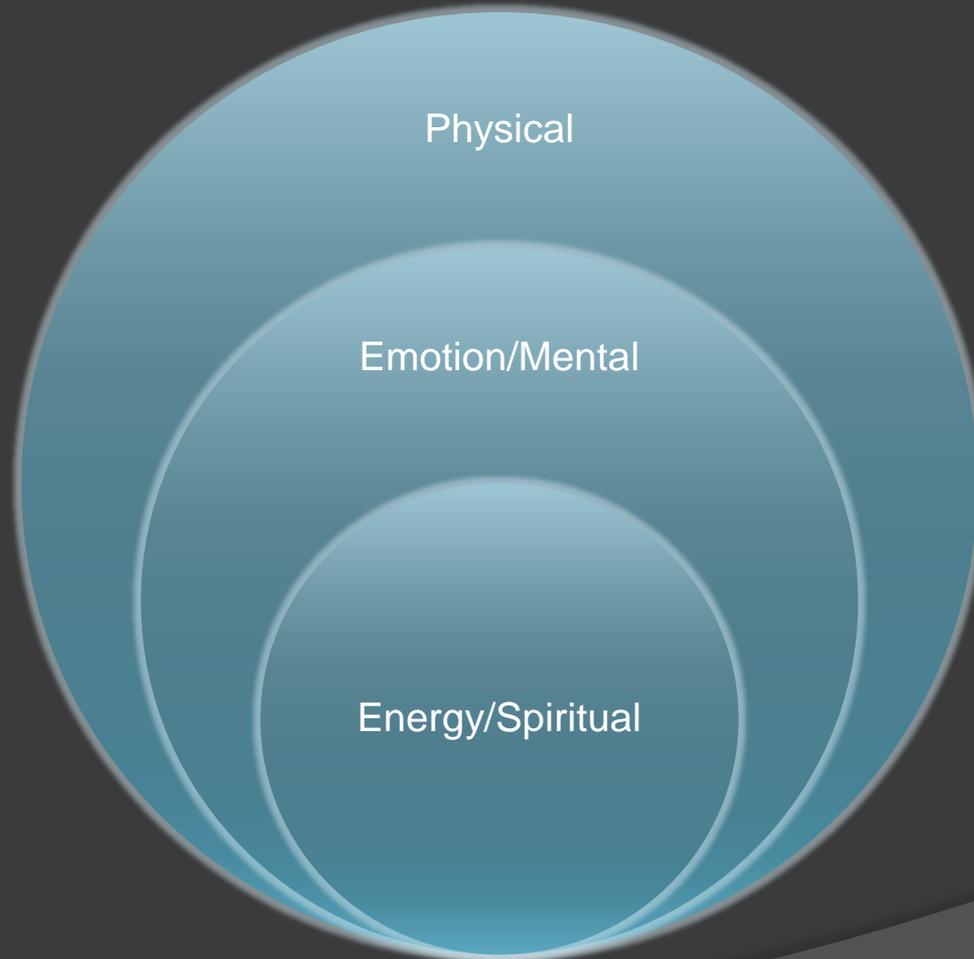
- Disease can be cured by a medicinal substance given in micro/nano doses that produces similar symptoms in healthy people when given in large doses.

# Case Study of dystocia

- 32 yoa
- G 3 P2
- in active labor for six hours
- cervix unchanged for 4 hours
- contractions are becoming weak and very inconsistent

- ⦿ Restlessness
- ⦿ states she feels suffocated and desires fresh air
- ⦿ vomiting frequently
- ⦿ tremors over the entire body
- ⦿ verbalizes her nervousness
- ⦿ Pain ++; sharp

# 3 levels of existence



# Cimicifuga racemosa (cimic.)

- ⦿ Major Use: Labor ceases after beginning; Irregular labor
- ⦿ Labor: Contraction cease; constriction, at one time dilated and then closed by spasm.
- ⦿ Pains: sore, bruised. Shoot up and down the thighs or across pelvis from hip to hip so severely that they double her up. Cramps in hips make her cry out.
- ⦿ Pain location: large muscles; uterus, move to thighs, hips and back.
- ⦿ Sensitive to noise and cold

# Cimicifuga (Black Cohosh)

- Emotion:  
apprehension and fear that “something bad will happen.”  
Can be paranoid.
- Talk excessively to relieve her fear.
- Fear from a previous issue in birth



# Individualization: Homeopathy

- ⦿ Characteristic symptoms
- ⦿ Keynote symptoms
- ⦿ Patterns & Sensitivity
  
- ⦿ Provings and Materia Medica
  
- ⦿ Ex. Head pain with stomach aches at 3 pm

# Nursing

- ⦿ Nursing diagnosis
- ⦿ Pathological diagnosis & tissue changes
  
- ⦿ Pharmacopeia and drug families
  
- ⦿ Migraines

# Homeopathy

- ◉ Stimulating the “*Vital Force*” which animates
- ◉ Balance “*defense mechanism*”
- ◉ *Human is more than sum of its physical components*
- ◉ *The “stuff” that pervades physical existence*

# Nursing

- Physiological and chemical mechanisms
- Immune System Response
- Biological pathways
- The Psyche
- Geothermal Changes; enzymes and hormones

# Control of Stillbirths in Pigs

## Study Design

- Group A: 10 sows (Experimental Group)
- Group B: 10 sows (Control )

## Conclusion

### Trial Results (a)

Parameter	Control Group	Treatment Group
No. of sows in group	10	10
No. of live births	103	104
No. of stillbirths	27	12
No. of sows with stillbirths	8 (80%)	3 (30%)
% stillbirths	20.8%	10.3%

# Trial B Conclusion :

## *Caulophyllum* in Porcine stillbirth

### Trial Results (b)

Month	No. of Sows	Stillbirth rate %
March 1983 & before	Range 15 - 40	18 – 22%
April (the month of the trial)	-	-
May	31	8.5%
June	26	8.2%
July	19	3.5%
August	20	2.6%
September (alteration mid-month)	19	5.6%
October	22	11.4%
November (reverted mid-month)	21	14.4%
December	29	8.1%
January 1984	38	1.9%

# Preparation for Labor

[*Dorfman et al. 1987*]

## ● Study Design

- Group A: 53 (Experimental Group)
- Group B: 40 (Control )
- 

● a combination of homeopathic Caulophyllum, Actea racemosa, Arnica, Pulsatilla and Gelsemium, all in 5C potency. The medicine was used from the beginning of the ninth month of pregnancy

# Conclusions:

- ⦿ Reduction in average time of labor
  - Group A: 3.5 hours
  - Group B: average labor 8.5 hours
- ⦿ rate of dystocia for those using the homoeopathic combination was 11.3% while the complication rate under placebo was 40%.

# Application of homeopathic Caulophyllum

## ● Study Design

- Group A: 17 (Experimental Group)
- Group B: 34 (Control)
- All women selected on strict eligibility

● 5 pellets per hour repeated for 4 hours,  
during active stage labor

TABLE 1. *Effect of Caulophyllum against untreated controls in normal labour and parturition*

	<i>Caulophyllum</i> n = 17	Control n = 34	P	Chi square
Mean age (yrs)	29.06	27.27	0.144 (ns)	
min/max	23/37	19/36		
s.d.	3.7	4.15		
Mean period of gestation (days)	276.12	278.47	0.301 (ns)	
min/max	259/287	259/291		
s.d.	8.03	7.34		
Mean birthweight (g)	3,200.6	3,325.3	0.271 (ns)	
min/max	2,680/4,000			
s.d.	435.31			
Mean duration of cervical dilatation (min)	227.65	314.12	0.05	
min/max	95/495	90/960		
s.d.	100.16	163.55		
State of amniotic sac on admission—ruptured/intact	5/12	12/19	0.478	0.504
Amniorrhesis—iatrogenic/spontaneous	4/8	10/9	0.496	0.464

# Anemia

- ⦿ Ferrum phosphoricum

- Lends pigment to blood corpuscles
- Facilitates oxygen circulation
- Hemorrhagic remedy

# Blind Randomized Control of Subclinical Bovine mastitis

## ● Study Design

- Group A: 160 cows (Experimental Group)
- Group B: 140 cows (Control )
  
- 300 dairy cows selected during lactation period
- Selection based on high somatic cell counts with no signs of clinical mastitis
- Control group received placebo
- Treatment group received two homeopathic nosodes; staphylococcus aureus, streptococcus dysgalactiae 5 ml daily X 5 days
- Milk samples tested for SCC and bacterial cultures

# Conclusion:

Mehdi Kiarazm *et al*

*Annals of Biological Research, 2011, 2 (5):552-562*

**Table 1: Summary statistics and the results of comparisons of the percent of infection by various bacteria**

Bacteria	Time	Treatment		Control		P-Value	OR (CI)
		Frequency	%	Frequency	%		
st. aureus	0	15	9.40%	13	9.20%	0.963	1.02 (.47 - 2.22)
	21	7	4.40%	17	12.10%	<b>0.014</b>	.33 (.13 - .83)
	28	6	3.80%	18	12.80%	<b>0.004</b>	.27 (.10 - .69)
st. dysgalactiae	0	14	8.80%	15	10.60%	0.58	.81 (.37 - 1.73)
	21	9	5.60%	20	14.20%	<b>0.012</b>	.36 (.16 - .82)
	28	7	4.40%	21	14.90%	<b>0.002</b>	0.26(.11 - .64)
st. aureus+st. dys.	0	2	1.30%	2	1.40%	0.899	.88 (.12 - 6.32)
	21	2	1.30%	2	1.40%	0.899	.88 (.12 - 6.32)
	28	1	0.60%	3	2.10%	0.344	.29 (.03 - 2.81)
Total	0	29	18.10%	28	19.90%	0.702	.89 (.50 - 1.59)
	21	16	10.00%	37	26.20%	<b>&lt;.001</b>	.31 (.17 - .59)
	28	13	8.10%	39	27.70%	<b>&lt;.001</b>	.23 (.12 - .46)

# Integrative Health in our Community with Homeopathy



# References

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